



Teams Of Our Lady USA

A way to grow in married love and holiness



An international movement of married couples whose purposes in the movement and in Team life are:

- growth in the spiritual life of the couple and family through a program of prayer and study
- growth in communication between husband and wife while developing intimacy through shared prayer and regular in-depth talks
- a way of life designed to make their Christian faith a daily, living experience

Each Team is made up of 5 to 7 couples and a Spiritual Counselor.

The Team meets once a month in each other's homes for a simple meal and, in a spirit of friendship, share their experiences of the previous month. After dinner, the mood shifts to a more spiritual atmosphere as the Team reflects on selected scripture passages and prays. Then they discuss their reading material on married life and faith.

The movement does not impose a particular type of spirituality on its members, but Teams couples agree to practice a spiritual direction that includes:

- daily individual, couple, and family prayer
- regular reading and reflection on sacred scripture
- a monthly husband and wife discussion of family and spiritual matters
- an individual "rule of life" for personal improvement

Locally, in Northern Ohio, we are growing and now have a total of 11 teams, including 8 in the greater Toledo metropolitan area. Nationally, we have nearly 600 teams.

For more information, contact John & Roz Needham at (419) 868-7000, or email them at: jandrneedham@buckeye-express.com

Or contact the information couple, Mike & Kristy Catalano, at (419) 841-2824, or email them at: kristy.catalano@buckeye-express.com

You can also check out the Teams Of Our Lady USA web site at: <http://www.teamsofourlady.org/>

"My soul proclaims the greatness of the Lord; and my spirit exults in God my Savior. Because he has looked upon his lowly handmaid; behold, from this day forward all ages will call me blessed." (Luke 1: 46 - 48)